Sage Institute of Education currently offers the following program as part of its Massage Therapy offering:

- Sage Massage Therapy

**Sage Massage Therapy Program**

This program is delivered full-time on-campus and encompasses the following:

- HLT52015 Diploma of Remedial Massage
- Sage Sports Injury Trainer Program (SISSS00093 Sports Trainer Level 1 Skill Set)

The program duration is typically 1-2 years. Students generally complete around 16 contact hours per week for classes. Students should also set aside 8-16 hours per week for personal study time. Assessment types vary, but can include demonstrations, knowledge tests, observations, case studies, reports, projects and presentations. Students are required to complete a minimum 200 hours of clinical massage practice.

Through exemplary program attendance and participation, completion of all activities throughout the program including work placement in the student clinic and successful completion of all assessments tasks, students will attain the following competencies:

**HLT52015 Diploma of Remedial Massage**

- CHCCOM006 Establish and manage client relationships
- CHCDIV001 Work with diverse people
- CHCLEG003 Manage legal and ethical compliance
- CHCPRP003 Reflect on and improve own professional practice
- CHCPRP005 Engage with health professionals and the health system
- HLTAP003 Analyse and respond to client health information
- HLT10D003 Provide first aid
- HLTINF004 Manage the prevention and control of infection
- HLTMSG001 Develop massage practice
- HLTMSG002 Assess client massage needs
- HLTMSG003 Perform remedial massage musculoskeletal assessments
- HLTMSG004 Provide massage treatments
- HLTMSG005 Provide remedial massage treatments
- HLTMSG006 Adapt remedial massage practice to meet specific needs
- HLTMSG008 Monitor and evaluate remedial massage treatments
- HLTWS004 Manage work health and safety
- BSBSMB403 Market the small business
- HLTHPS010 Interpret and use information about nutrition and diet
- HLTMSG007 Adapt remedial massage practice for athletes
- SISSFIT031 Implement injury prevention strategies
- SISSSPT307A Conduct advanced taping

**Sage Sports Injury Trainer Program**

- HLT10D003 Provide first aid
- SISSCO306 Provide drugs in sport information
- SISSSPT302A Provide initial management of sports injuries
- SISSSPT303A Conduct basic warm-up and cool-down programs
- SISSSPT304A Tape ankle, thumb and fingers
- SISSSPT305A Support sports injury management
- SISSSPT306A Deal with medical conditions in a sport setting
- SISSWHS101 Follow work health and safety policies

Qualification Status: Current (Release 3)

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City Campus
600 Collins Street
Melbourne VIC 3000

Elsternwick Campus
233 Glen Huntly Road
Elsternwick VIC 3185

Oakleigh Campus
77 Atherton Road
Oakleigh VIC 3166

Brisbane Campus
369 Ann Street
Brisbane QLD 4000

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