

Course Information - 2017

Sage Remedial Massage Therapist Program

This program is delivered full-time and encompasses the following courses:

- [HLT52015 Diploma of Remedial Massage](#)
- [Sage Sports Injury Trainer \(SISSS00093 Sports Trainer Level 1 Skill Set\)](#)

Applications are accepted throughout the year, and all applicants are required to participate in a selection interview to determine their eligibility for enrolment. Sage has programs commencing every month across its campuses, and students can elect to study during the day on weekdays, or in the evenings and at weekends.

The program is delivered in a blended mode with on-campus sessions and online lessons, and the typical student completes the program in 1-2 years. Students generally complete around 15 contact hours per week for classes, and can attend additional tutorial sessions. Students should also set aside up to 15 hours per week for personal study time, and are required to complete a minimum of 200 hours clinical massage practice. Assessment types vary, but can include practical demonstrations, projects, written questions, case studies and workplace hours.

Through program attendance and participation, completion of all program activities including clinical massage practice and successful completion of all assessments tasks, students will attain the following competencies:

Diploma of Remedial Massage (HLT52015)

CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPRP003	Reflect on and improve own professional practice
CHCPRP005	Engage with health professionals and the health system
HLTAAP003	Analyse and respond to client health information
HLTAID003	Provide first aid
HLTINF004	Manage the prevention and control of infection
HLTMSG001	Develop massage practice
HLTMSG002	Assess client massage needs
HLTMSG003	Perform remedial massage musculoskeletal assessments
HLTMSG004	Provide massage treatments
HLTMSG005	Provide remedial massage treatments
HLTMSG006	Adapt remedial massage treatments to meet specific needs
HLTMSG008	Monitor and evaluate remedial massage treatments

HLTWHS004	Manage work health and safety
BSBSMB403	Market the small business
HLTHPS010	Interpret and use information about nutrition and diet
HLTMSG007	Adapt remedial massage practice for athletes
SISFFIT031	Implement injury prevention strategies
SISSSPT307A	Conduct advanced taping

Qualification Status: Current (Release 2)

Sage Sports Injury Trainer (SISSS00093 Sports Trainer Level 1 Skill Set)

HLTAID003	Provide first aid
SISSCO306	Provide drugs in sport information
SISSSPT302A	Provide initial management of sports injuries
SISSSPT303A	Conduct basic warm-up and cool-down programs
SISSSPT304A	Tape ankle, thumb and fingers
SISSSPT305A	Support sports injury management
SISSSPT306A	Deal with medical conditions in a sport setting
SISXWHS101	Follow work health and safety policies

Qualification Status: Current (Release 3)

This course information flyer is subject to change.

Our campus locations:

City Campus
Level 22, 120 Spencer Street
Melbourne VIC 3000

Elsternwick Campus
233 Glen Huntly Road
Elsternwick VIC 3185

Oakleigh Campus
77 Atherton Road
Oakleigh VIC 3166

Brisbane Campus
369 Ann Street
Brisbane QLD 4000

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